

It is critical that the Shel Rosh be placed properly:

The proper location is with the lower part not below the line where the hair begins to (or used to) grow.

If they are lower than that, one does not fulfill the mitzvah of tefilin.



Correct



Incorrect

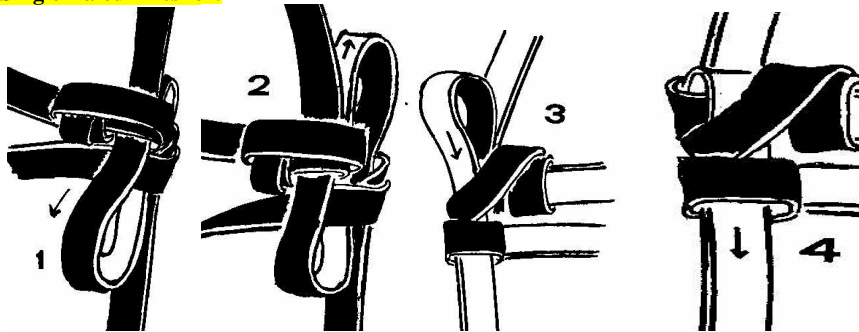
Below are instructions for adjusting the size of the Shel Rosh.

If you are hesitant to adjust them yourself, ask a sofer or other expert to help, but be sure that the size is right for correct placement.

לע"נ האשה שרה עטל בת ר' חיים ע"ה
ולע"נ האשה לאה בת ר' זלמן ע"ה

To make your Shel Rosh smaller:

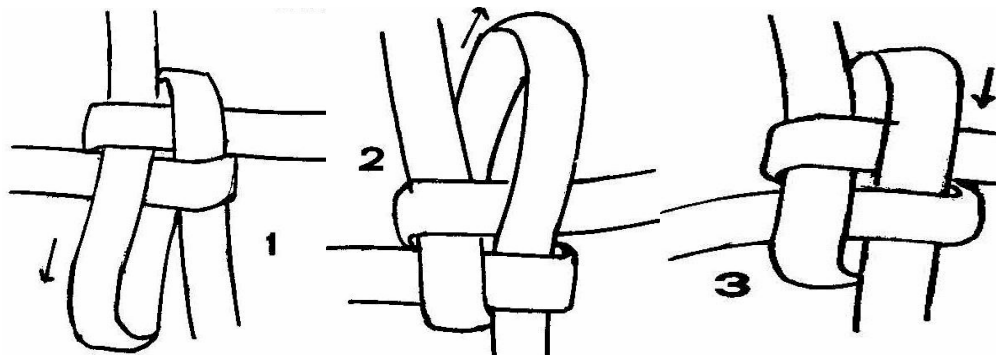
"Single Daled" Keshet:



Say: לשם קדושת תפליין (LeSheim Kedushas Tefilin), then

1. Pull the strap going around the right side of the head down, making the head-loop smaller.
2. Close the loop you just made under the knot by pulling up from behind (direction of arrow)
Note: you may need to loosen up the knot to get at the strap marked with the ↑ in step 2
3. Close the second loop, made in step 2, by pulling down on the free-hanging part of the strap.
4. Keshet is complete.

"Double Daled" Keshet:



Say: לשם קדושת תפליין (LeSheim Kedushas Tefilin), then

1. Pull the strap marked with the arrow down, making the head-loop smaller.
2. Close the loop you just made under the knot by pulling up from behind (direction of arrow)
3. Close the second loop, made in step 2, by pulling down on the free-hanging part of the strap
4. Keshet is complete.

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